

Father's Day

Happy Father's Day to all the dads out there. We hope you were able to have a wonderful, relaxed day yesterday. Thank you to the P&C for your organisation of the Father's Day gifts. The children made both personalised mugs and chocolate truffles for their fathers. We hope you can treasure them for years to come!



P&C

The P&C will hold their AGM on Monday 21st September at 3.30pm at the Kapooka Neighbourhood Centre. At this meeting several items will be on the agenda, with the main topic being the voting of new office bearers. The P&C plays an important role in our school community. Not only do they run our delicious Meal Deal Days, hold Mother's/Father's Day stalls and other fun activities, but they donate the funds raised to the school. These donations are used for many things throughout the school including ground improvements, sporting equipment, learning tools and also towards school excursions. All of these things benefit the families by improving the school and lowering excursion costs.

All positions will be declared vacant at the AGM, with a focus to fill the President and Treasurer position. You will also be able to sign up as a general committee member on the day.

I would like to take this opportunity to give a sincere and heartfelt 'thank you' to both Steph and Robyn who have gone above and beyond in their positions of President and Treasurer. The ladies, along with the committee, give their time for the betterment of the children and the school. Both ladies have done amazing jobs this year, particularly throughout what has been both unusual and at times difficult with the COVID-19 changes in operation. Thank you again, from all of the students, community and staff!

Kindergarten Orientation

Unfortunately the planned Kindergarten Orientation is not able to go ahead for those Kindergarten children commencing school in 2021. We are currently planning for an alternative orientation. More information will be sent out to the families of Kindergarten 2021 children as soon as it is finalised.

Online Chess Tournament

Some of our 5/6 children will be participating in an online chess tournament. Notes will go home for this event and the cost is \$8.00 for the day.

Term 3 - Week 8

September 7, 2020

Fri	4 Sept	Chess– Home game vs Sturt PS
Fri	11 Sept	Chess– Away game vs South Wagga PS
Fri	18 Sept	P & C Morning Tea Meal Deal
Fri	21 Sept	P&C AGM
Fri	25 Sept	Last Day of School– Term 3
Mon	12 Oct	First Day of Term 4

Tell Them From Me Survey

A friendly reminder that if you have not yet completed the Tell Them From Me Parent Survey, the window is still open to do this.

This survey provides important feedback for school planning and adjustment and is an opportunity to have your say on important decisions made for the students at Kapooka Public School.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted over Term 3 and early Term 4. Although participating in the survey is entirely voluntary, your responses are very much appreciated. More information about the survey is available at: <http://surveys.cese.nsw.gov.au>. To access the survey for our school go to:

<http://nsw.tellthemfromme.com/j3czg>

Important Dates / Information

School Banking - Banking day is Friday morning. Please hand your banking book into the school office. See office if you require information on how to set up an account.

Parent on line payments (POP) - are made through our website - www.kapooka-p.schools.gov.edu.au Access the "Make a Payment" tab and complete details.

School APP– SZAPP

Kapooka Public School use SZAPP to communicate messages and information to parents. Please download from the APP Store for either iPhone or Android and link to KPS.

School News

Pyjama day

Congratulations to the School Parliament for organising the Pyjama Day. The Parliament raised \$95.00 and will be using this to help purchase a new camera for the school, which is used by our Media Ministers to photograph events and assemblies at school. A big shout out to Noah for his promotion of the event, custom making signs that were displayed around the school.

5/6 Art Exhibition

5/6 have been preparing for an exhibition at the Wagga Wagga Art Gallery in which their works will be displayed. The students will be exhibiting handmade papers, weaving and other artworks throughout the project.

Their exhibition will run from 12th September until Sunday 18th October at the Wagga Wagga Art Gallery.

Jump Rope for Heart

This term, the students of Kapooka have been skipping for the Jump Rope for Heart program.

You can register online to donate to the charity. We are aiming as a school to raise as much money as we can to support such an important cause.

Please go to https://www.jumprope.org.au/parents/sign_up/ and follow the prompts to start fundraising today!



P & C News

- A reminder to order the Recess Meal Deal being held on Friday 18th September.
- The P&C use 'My School Connect' for all uniform and Meal/Recess Deal orders. You will need to download this in order to buy uniforms or order a meal deal.
- The P&C have available school drink bottles for purchase. You can order these through the My School Connect APP. They are \$5.00 each.

DSM News

The end of term is just around the corner. Postings are all out and I am sure Toll Transitions and DHA are flat out with all of the submissions of paperwork. Please remember to release your house on Home Find ASAP so people that are coming into Wagga are able to view your house online and lock it down if it is suitable for their families. Due to COVID 19 I am sure relocating will be more challenging than ever, so the earlier the paperwork is in, the earlier the ball will be rolling and hopefully all will run smoothly.

The students leaving at the end of the year have been arranged into their Moving Groups for Term 4. If I am still unaware of your posting, please let me know ASAP, so I am able to add your child/ren into a group so they are not missing out on the fun. Notes will be sent home this week. If you are happy for your child/ren to attend the moving groups, please return the note ASAP, so I am able to finalise the groups.

Three of our Stage 3 girls have been learning about mindfulness and wellbeing. Last week our focus was on our senses. The girls found this session extremely fun and challenging. They had to explore an object with their hands with their eyes closed, then describe it to the group in detail. Below are photos of the girls writing the description of their object and showing what their object was. The girls did an amazing job and took a lot of useful strategies from this session that they are able to use in all different situations. We covered all of the senses and the girls found some easier than others.



Our year 6 students have also been arranged into their Moving on up Groups. Notes will be coming home shortly for permission for your child to attend. Again, please have these notes returned to school ASAP so I can finalise the groups. Thank you in advance for your cooperation.

DCO have three amazing activities this month which is a great way to get out and about since we have been restricted the past few months. The first being Walk and Talk at the Botanic Garden on the 21st Sep from 1:00-2:30 and the second being Coffee Connections at the Thorne Street Café on the 25 Sep from 10:00-12:00. Lastly, is the ADF event of Seeding into Spring on the 15 Sep at 12:00. Once you have registered on Eventbrite, DCO will send a packet of seeds for you to plant and then send photos back to DCO to be collated. As always, please RSVP through Eventbrite. Get in early as Helen can only have a gathering of 10 people at one time and she would love to see you there.

Rachel Dolan

DSM

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Fairy Garden Mural

The mural is coming along beautifully at the Fairy Garden. The 5/6 children's designs were combined to create one image which has been drawn onto the wall by Mrs Hinkelman and painted by the children. This mural will form the gift from the year six children to the school as a memento of their time here at Kapooka. A few more hours and it will be finished!



Nutrition Snippet

SNACK ATTACK.

Kids on average eat 4 snacks a day.
Don't let biscuits and chips be 'go to snacks'.



Try these healthy snacks instead:

- Apple & date bliss balls
- Poppetana
- Tomato & cheese damper

For more healthy snack swaps visit:
healthyinbox.com.au



Cancer Council
Healthy Lunch Box

Sunsmart Snippet

Create good habits



Protect yourself in five ways from skin cancer

- Slip on sun-protective clothing
- Slop on SPF 30 or higher sunscreen
- Slap on a sun smart hat
- Seek shade
- Slide on wrap-around sunglasses

Creating good sun protection habits from childhood helps reduce exposure to UV and the risk of skin cancer and eye damage.

www.sunsmartnsw.com.au



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