



Education &
Communities

Anti-bullying Plan

School Name: Kapooka Public School (Reviewed 2020)





Bullying:

Preventing and Responding to Student Bullying in Schools Policy (2011)

The NSW Department of Education and Communities rejects all forms of bullying. No student, employee, parent, caregiver or community member should experience bullying within the learning or working environments of the Department.

Bullying

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyber bullying refers to bullying through information and communication technologies.

Bullying can involve humiliation, domination, intimidation, victimisation and all forms of harassment including that based on sex, race, disability, homosexuality or transgender. Bullying of any form or for any reason can have long term effects on those involved including bystanders.

Conflict or fights between equals or single incidents are not defined as bullying.

Bullying behaviour can be:

- **verbal** eg name calling, teasing, abuse, putdowns, sarcasm, insults, threats
- **physical** eg hitting, punching, kicking, scratching, tripping, spitting
- **social** eg ignoring, excluding, ostracising, alienating, making inappropriate gestures
- **psychological** eg spreading rumours, dirty looks, hiding or damaging possessions, malicious SMS and email messages, inappropriate use of camera phones.

The term “bullying” has a specific meaning. The school’s Anti-bullying Plan sets out **the processes for preventing and responding to student bullying**. The school has a range of policies and practices, including welfare and discipline policies that apply to student behaviour generally.

Schools exist in a society where incidents of bullying behaviour may occur. Preventing and responding to bullying behaviour in learning and working environments is a shared responsibility of all departmental staff, students, parents, caregivers and members of the wider school community.

School staff have a responsibility to:

- respect and support students
- model and promote appropriate behaviour
- have knowledge of school and departmental policies relating to bullying behaviour
- respond in a timely manner to incidents of bullying according to the school’s Anti-bullying Plan.

In addition, teachers have a responsibility to:

- provide curriculum and pedagogy that supports students to develop an understanding of bullying and its impact on individuals and the broader community.

Students have a responsibility to:

- behave appropriately, respecting individual differences and diversity
- behave as responsible digital citizens
- follow the school Anti-bullying Plan
- behave as responsible bystanders
- report incidents of bullying according to their school Anti-bullying Plan.

Parents and caregivers have a responsibility to:

- support their children to become responsible citizens and to develop responsible online behaviour
- be aware of the school Anti-bullying Plan and assist their children in understanding bullying behaviour
- support their children in developing positive responses to incidents of bullying consistent with the school Anti-bullying Plan
- report incidents of school related bullying behaviour to the school
- work collaboratively with the school to resolve incidents of bullying when they occur.

All members of the school community have a responsibility to:

- model and promote positive relationships that respect and accept individual differences and diversity within the school community
- support the school’s Anti-bullying Plan through words and actions
- work collaboratively with the school to resolve incidents of bullying when they occur.

School Vision

At Kapooka Public School education is a shared responsibility, with staff and parents working in partnership to generate, maintain and promote excellence and equity to equip students to achieve their personal best and be active and informed citizens in the future.

In the context of a mobile school population we are seeking to prepare our students to meet new educational and social challenges and to develop in them greater self-esteem, self-discipline and motivation to learn and succeed.

Our School Anti-Bullying Plan Annual Report

Our school anti-bullying plan outlines the processes for preventing and responding to student bullying in our school and reflects the *Bullying: Preventing and Responding to Student Bullying in Schools Policy* of the New South Wales Department of Education and Communities.

A copy of our current anti-bullying plan can be obtained from Kapooka Public School, Sturt Ave Kapooka 2661, 0269312703 or from our website:

www.kapooka-p.schools.nsw.edu.au/

To comply with the *Bullying: Preventing and Responding to Student Bullying in Schools Policy* schools are required to report annually to their school community on the effectiveness of their anti-bullying plan.

Statement of purpose

Schools should provide a safe and supportive learning environment for all students. At Kapooka Public School we believe that all students should feel a sense of belonging, participation and achievement. At Kapooka Public School we value respect and show tolerance of others in a safe and supportive environment. We foster positive relationships through strong welfare programs. As part of our school's Welfare and Discipline

Policy, our Anti-Bullying Policy aims to deal effectively with and prevent incidences of bullying.

Protection

Bullying is defined as repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or groups towards one or more persons. Cyberbullying refers to bullying through information and communication technologies. Bullying takes many forms. Conflicts or fights between equals and single incidents are not defined as bullying.

In 2020, teaching staff reviewed our anti-bullying policy and then presented it to the P&C for their consultation.

In past years, and continuing in 2020, items are printed in our newsletter to raise awareness of parental strategies for protection.

Our DSM has also worked with individual students to increase their resilience. The student's parents were fully informed and were involved in the process.

As part of teacher supervision, the implementation of anti-bullying programs within Kapooka PS are monitored and reflected within teaching and learning programs.

In the coming year we will:

- survey parents, students and staff through the Tell Them From Me surveys
- review wellbeing framework using student, staff and parent consultation and implement changes
- review programs operating in the school, as well as possible programs for implementation; and
- take part in formal and informal group and individual forums with all stakeholders.

Prevention

Prevention strategies were addressed through:

- monitoring and ensuring that structured activities continued to be offered in the playground and utilised in library through the duty roster;

- regularly discussing with teachers the effectiveness and popularity of the activities;
- evaluation of the programs in the school and timetabled school wide activities such as buddies groups; and
- discussion at staff meetings around the effectiveness of anti-bullying programs and offered professional development opportunities to all staff.

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Early Intervention

Early intervention was ensured by:

- following up all reports in a timely and efficient manner ensuring that students know that if reported, action is taken;
- speaking to parents of new students at orientation about the policy and need to report incidents;
- classroom and playground management plans used by all staff for bullying incidents; and
- contacting parents of all students involved in incidents to discuss the situation.

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Response

Staff have worked closely with students to recognize incidents of bullying within the classroom and playground. They have addressed the misuse of the word 'bullying' and have educated students on the seriousness of bullying and the implications this has on a person's health and wellbeing. Kapooka Public School has revised its current wellbeing and anti-bullying practices and will implement changes throughout 2020.

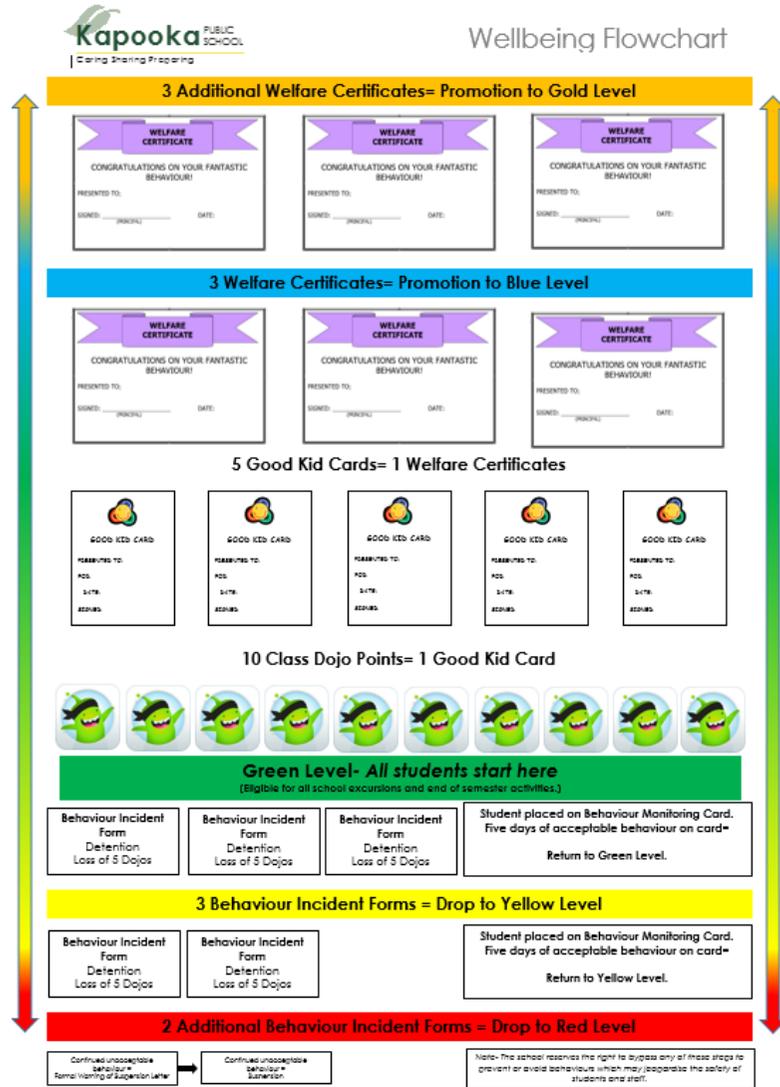
Staff have also reviewed the current programs within the school and their effectiveness for addressing bullying, social and emotional health. They have introduced 'Smiling Mind' to compliment our current 'Bounce Back' program and will look at the introduction of 'Play is the Way' to teach social skills and combat potential bullying. Our Defence School Mentor has also continued to implement 'Groups', utilizing small group learning sessions around identified topics such as bullying, resilience and social skills.

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Supporting Positive Classroom and Playground Behaviour

Our Wellbeing framework supports and promotes positive playground and classroom behaviour by rewarding and correcting student behaviour using a consistent framework from Kindergarten to Year Six.



Consistent Procedures for Negative Behaviour

The staff at Kapooka Public School take their responsibilities in developing active, engaged and responsible citizens seriously. Whilst rewarding and supporting positive behaviour, we also understand that consistent correction of anti-social, dangerous or negative behaviour is important for students. Our Wellbeing Framework has been developed using up-to-date research in order to promote positive behaviours and to minimise negative behaviours.



Behaviour Incident Sheet Major Behaviour

Date: _____ (day), ____ / ____ / ____

Name: _____ Class: _____

Reporting Teacher: _____ Signature: _____

Category:

Classroom Incident Playground Incident Morning
 Recess
 Lunch 1
 Lunch 2
 Afternoon

Other _____

Summary of incident:

Threatening Others	Persistent Defiance
Refusal to go to time-out class	Property Misuse/ Vandalism
Leaving School Grounds	Bullying
Refusal to attend Detention	Other:
Theft	

Additional relevant information:

Action taken by teacher:

Exited from classroom/playground Placed on behaviour sheet
 Detention Drop to Yellow/ Red Level

Principal Follow-up:

	Respect	Resilience	Responsibility
Classroom and Playground	<p>Speak politely Follow instructions Care for others Value self and others Follow agreed rules Care for environment</p>	<p>Persevere Have a growth mindset Bounce back Attempt all tasks Be a good sport Play safely Right place, right time</p>	<p>Strive for goals Be cooperative Be honest Act on feedback Be cooperative Encourage others Be active Be sun safe</p>
Toilets	<p>Respect privacy Leave food and drink outside</p>	<p>Use toilets during breaks Report damage</p>	<p>Use, wash your hands and leave Return promptly to class</p>
Bubblers	<p>Wait your turn Give others space</p>	<p>Use bubblers during breaks Be patient</p>	<p>Turn taps off Be water wise</p>

Negative Behaviours			
Minor Behaviour- 5 Minute Loss of Play, Discussion with Teacher		Major Behaviour- Detention and Behaviour Slip	
Inappropriate Language	Not Following Instructions	Threatening Others	Property Misuse/ Vandalism
Out of Bounds	Disrupting Others Learning	Refusal to go to Buddy Class	Bullying
Defiance	Rough Play	Leaving School Grounds	
Leaving Classroom with permission	Littering	Refusal to Attend Detention	
Deliberately late to class after breaks	Verbal Harassment	Theft	
		Persistent Defiance	

Additional Information

In 2020 Kapooka Public School will review our anti-bullying plan with the school community. The last review was undertaken in 2013.

Parents, staff, caregivers and students will be surveyed to evaluate the effectiveness of the current anti-bullying plan.

Small group discussions with community members, staff and students will be undertaken and a review of the wellbeing and anti-bullying programs taught in the school will be undertaken with staff to ensure that they are meeting the needs of all students.

Principal's comment

Kapooka Public School strives to educate and equip students to navigate academic, social and wellbeing challenges. By providing a supportive, motivating and positive environment where students can thrive, we are able to deliver effective programs to students in order to address and eliminate bullying and promote positive social interactions.

Kapooka Public School

School contact information

Kapooka Public School

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Ph: 02 69312703

Fax: 02 69314342

Email: kapooka-p.school@det.nsw.edu.au

Web: www.kapooka-p.schools.nsw.edu.au

Additional Avenues of Support

- Police Youth Liaison Officer (YLO) Senior Constable Tim Bourke (Wagga Wagga Police)

- Kids Helpline – 1800 55 1800

<https://kidshelpline.com.au/>

- Online E Safety Commissioner

<https://www.esafety.gov.au/>